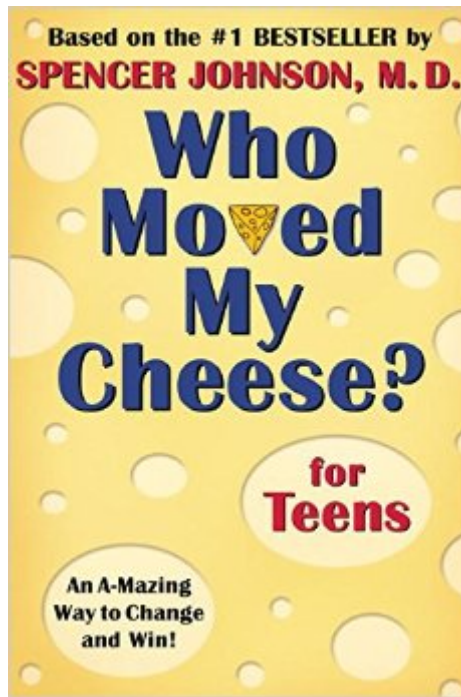


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# Who Moved My Cheese? For Teens



## Synopsis

Help a teen you know deal with the changes in his or her life with the book that has helped so many others. ?Cheese? is a metaphor for what you want in life and the book gives teens a fun vocabulary and way to understand change and move forward in their lives.

## Book Information

Lexile Measure: 880L (What's this?)

Hardcover: 96 pages

Publisher: G.P. Putnam's Sons Books for Young Readers; 1 edition (October 28, 2002)

Language: English

ISBN-10: 0399240071

ISBN-13: 978-0399240072

Product Dimensions: 5.8 x 0.4 x 8.6 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 starsÂ Â See all reviewsÂ (3,113 customer reviews)

Best Sellers Rank: #87,137 in Books (See Top 100 in Books) #23 inÂ Books > Teens > Education & Reference > Reference #184 inÂ Books > Teens > Social Issues #231 inÂ Books > Medical Books > Psychology > Clinical Psychology

Age Range: 12 and up

Grade Level: 7 and up

## Customer Reviews

This reviewer remembers having gone to the office (at a then "Big 5 "accounting firm) one day back in 2000 and having found this so-called book (in actually this "book" more of a pamphlet than a book) on his desk. This reviewer's first reaction was to think it was a joke. He called one of his fellow staff members to ask if it was a joke and was quickly informed that every employee in the firm had received, like the reviewer, a copy of this "book" at his or her desk. Knowing that the distribution of this book on a wide level usually portends some massive "change" at the office this reviewer was not happy to find out it was not a joke. The reviewer was very tempted to throw out the book but knowing, based on the fact that everyone in the firm received, we could all be out of work it was wise to, instead, keep for something to do while unemployed (that moment came about four months after the book was passed out). After reading it, while unemployed, the reviewer developed a very negative opinion of it (the reasons for this are discussed below). About 13 years later this reviewer saw an employee with this book (at another firm). He thought to himself, was this book really as bad

as he remembered it? After all, he remembered it as one of the most insulting books he had ever read. Perhaps it was just a poor memory (and the years) playing a cruel joke. Hence he decided to re-read it again. Unfortunately, after reading it again, the memories were only found to be correct. This was truly one of the most insulting books this reviewer had to read, never mind having been given as a "gift". This was the case on so many levels. First of all this "book" is written for 10 year olds, in terms of both style and content.

I was required to read "Who Moved My Cheese," and to post this review, as part of my masters' degree curriculum. I read the book in the bathroom of room 817 of the Chattanooga, Tennessee, Marriott Hotel. While our two children (aged five and two), slept peacefully in the hotel beds in the next room, I sat up on the vanity near the sink, while my husband stretched out in the tub, reading Karen Armstrong's "The Battle for God." How did we come to be thus: reading books in a small, uncomfortable room under a brash and flickering florescent light? In fact, just hours before, someone had Moved Our Cheese. That someone was the Sheraton Read House Hotel down the street which, despite our having paid in advance through lodging.com for a two-room suite, had, upon our arrival at 4:30 p.m., given that suite to someone else. So it was with particular interest that I opened the pages of Spencer Johnson's best-seller, truly wanting to know: what should a rational person do when their cheese has been moved? Dr. Johnson's tale is a simple one: two mice, Sniff and Scurry, and two "little people" named Hem and Haw, one day discover that the traditional source of their cheese is gone. As Johnson explains it: "Cheese in this case is a metaphor for what you want to have in life, whether it is a good job, a loving relationship, money, a possession, health or spiritual peace of mind." Predictably, when the two mice realize the cheese is gone and it is not coming back, they sniff and scurry off and find an abundant new source of cheese.

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